



Written Race Briefing. 2017 5KM.

Your Start Area

- On the morning of the event, please aim to be in the start line area from 9.35am. Please allow two to three minutes from Fergusson Park to walk to the start area. Your event starts at 9.45am on the airhorn.
- The start line is outside #139 Waratah Street. The timing mats are at the top of the rise so once you've crossed the timing mats you get a nice flat start.
- Please ensure your race number is on your front & your timing transponder is on your shoe lace.
- Elite runners, please stand 1m back from the start line timing mats. Self-seeding applies.
- Walkers, please start behind the walk start area signage to ensure a smooth race start for all.

Your Event Course

- The event course is a mix of road, footpath and walkways.
- Where there is a coned lane provided for you, please remain hard left inside that coned lane.
- **Please treat all roads as OPEN TO TRAFFIC THROUGHOUT THE WHOLE EVENT.**
- Please follow all event marshals' instructions & take care at each of the road crossings.

Following Your Event Course

- It is your responsibility to know the route of your event course.
- Important intersections on your event course have been marked with green arrows (shown below)
- Distance markers will be placed at every km of the event course with green km markers (shown below).
- Please follow all other green signage on the event course – i.e. turn at green "Turn Here" sign (shown below).
- Please ignore all other different coloured signage.
- **The course signage that relates to your event is GREEN (like shown on your race number).**



Medical Assistance

- There is medical support provided by Peak Safety available at the finish area at Fergusson Park.
- If you need urgent medical attention on the event course please inform the closest event marshal or dial 111 as soon as possible.

Enjoy your event experience and we'll see you at the finish line.